

SUNDAY

Awareness 10:00AM-11:15AM	(O,RF,WC,VM)
Manchester, NH	Zoom ID 891-8600-2564 Passcode 031604
Freedom From Within Group	(O,M,RF,NS,HY,19)
Men's Meeting 10:30AM-11:45AM	Revive Recovery Resource Center, 263 Main St, Nashua, NH
Nashua, NH	
Just For Today 11:00AM-12:00PM	(O,D,JT,19) Triangle Club, 120 Broadway
Dover, NH	Masks Required & seats 6ft apart
Burning Desire 5:00PM-6:30PM	(O,BT,WC,VM,HY,19,SD) Pepperell Christian Fellowship Church, 17 Main Street
Pepperell, MA	Zoom ID 303 041 294

Faith in Recovery Group 5:00PM-6:00PM	(O,WC,19,SD) Amazing Grace Fellowship, 92 Pine Street
Laconia, NH	
One Promise 5:30PM-6:30PM	(O,St,VM)
Conway, NH	Zoom ID 781-048-6355 Passcode 03860
The Bridge 5:45PM-7:00PM	(O,RF,VM)
Bennington, NH	Zoom ID 847 0583 8820 passcode 401369
Vision of Hope 6:00PM-7:15PM	(O,RF,WC,VM,HY,19) Bring your own chairs, masks required, 88 Priscilla Lane
Auburn, NH	Zoom ID 874 8394 1663

The Journey Continues 6:30PM-7:45PM	(O,D,WC,VM,LC)
Amesbury, MA	Zoom ID 894-2020-6385
White Mountains NA 7:00PM-8:15PM	(VM,SD)
Lincoln, NH	Zoom ID 463-861-6000
Living Clean During Quarantine 7:30PM-8:30PM	(O,LC,19) Seacoast Youth Service Building, 867 Lafayette Road
Seabrook, NH	Masks and social distancing required
Keep It Real 7:45PM-9:00PM	(O,D,RF,WC,VM)
Dover, NH	Zoom ID 844-8183-8213

MONDAY

Just For Today 11:00AM-12:00PM	(O,D,JT,19) Triangle Club, 120 Broadway
Dover, NH	Masks required and seats 6ft apart
Above the Notch 12:00PM-1:00PM	(O,RF,19) Faith Bible Church, 365 Union Street
Littleton, NH	
Serenity For Lunch 12:00PM-1:00PM	(O,RF,WC,VM)
Manchester, NH	Zoom ID 846 5070 6048 passcode 067366
Sisters With Hope 6:00PM-7:15PM	(O,St,Tr,W,CW,VM)
Manchester, NH	Zoom ID 917 281 328

MONDAY (CONT)

Sisters in the Solution 6:00PM-7:30PM	(O,RF,W,19) City Blessing Church, 159 Rochester Hill Road
Rochester, NH	
Judgement Free Zone 7:00PM-8:15PM	(O,RF,WC,19) Atkinson Congregational Church, 101 Main Street
Atkinson, NH	
Leap of Faith 7:00PM-8:15PM	(O,VM,LC)
Penacook, NH	Zoom ID 846 5592 0131 Passcode: Faith
Lost Dreams Awaken 7:00PM-8:15PM	(O,To,VM,SD)
Nashua, NH	Zoom ID 895 454 255
Monday Night Group 7:00PM-8:15PM	(O,19,SD) Vineyard Community Church, 750 Pine St
Manchester, NH	Masks Required
Presidential Range Group 8:00PM-9:00PM	(O,RF,19) Restoration Church, 319 Highland St
Plymouth, NH	

TUESDAY

Just For Today 11:00AM-12:00PM	(O,D,JT,19) Triangle Club, 120 Broadway
Dover, NH	Masks required & seats 6ft apart
New Beginnings Women's Meeting 12:00PM-1:00PM	(O,RF,W,VM) Zoom ID 847 6461 1066
Lincoln, NH	
Serenity For Lunch 12:00PM-1:00PM	(O,RF,WC,VM)
Manchester, NH	Zoom ID 846 5070 6048 passcode 067366
All or Nothing Women's Group 7:00PM-8:15PM	(C,RF,W,VM) Zoom ID 863 0222 7174
Nashua, NH	
Promise of Freedom 7:00PM-8:30PM	(O,BT,D,WC,VM,HY,19) Tri-City Co-op, 55 Summer Street
Rochester, NH	(Online and face to face) Zoom ID 446 568 9331
Speaking Green & Gold 7:00PM-8:15PM	(O,WC,19,SD) Weirs Beach Community Center, 25 Lucerne Ave.
Laconia, NH	Masks and Social Distancing Required
The Gift of Today 7:00PM-8:00PM	(O,RF,WC,VM)
Exeter, NH	Zoom ID 490 903 094
Man Up Group 7:15PM-8:30PM	(O,M,LC,19) Revive Recovery Center, 263 Main Street
Nashua, NH	

WEDNESDAY

Just For Today 11:00AM-12:00PM	(O,D,JT,19) Triangle Club, 120 Broadway
Dover, NH	Masks required and seats 6ft apart
Above the Notch 12:00PM-1:00PM	(O,RF,19) Faith Bible Church, 365 Union Street
Littleton, NH	

WEDNESDAY (CONT)

Serenity For Lunch 12:00PM-1:00PM	(O,RF,WC,VM)
Manchester, NH	Zoom ID 846 5070 6048 passcode 067366
Keeping it in the Day 6:30PM-7:30PM	(O,D,JT,19) Seacoast Youth Services Building, 867 Lafayette Road
Seabrook, NH	Masks and social distancing required
One Promise 6:30PM-7:30PM	(O,BT,VM)
Conway, NH	Zoom ID 781 048 6355 passcode 03860
What Can We Do 7:00PM-8:15PM	(O,RF,VM)
Manchester, NH	Zoom ID 918 2518 3100
White Mountains NA 7:00PM-8:15PM	(VM,SD)
Lincoln, NH	Zoom ID 463 861 6000
Closer Than You Think 7:30PM-8:30PM	(O,RF,VM)
Bennington, NH	Zoom ID 818 6577 8955 passcode 794575
Fifth Tradition Group 7:30PM-9:00PM	(O,RF,19) Hudson Community Church, 19 Central Street
Hudson, NH	
Berlin Beginners 8:30PM-9:30PM	(O,B,BT,St,19) Harvest Christian Fellowship Church, 219 Willow St.
Berlin, NH	

THURSDAY

Just For Today 11:00AM-12:00PM	(O,D,JT,19) Triangle Club, 120 Broadway
Dover, NH	Masks required and seats 6ft apart
Serenity For Lunch 12:00PM-1:00PM	(O,RF,WC,VM)
Manchester, NH	Zoom ID 846 5070 6048 passcode 067366
Learning to Live 6:00PM-7:00PM	(O,RF,WC,VM)
Concord, NH	Zoom ID 535 137 231
Basic Text Group 7:00PM-8:15PM	(O,BT,WC,19,SD) Family Resource Center, 5 Prospect Street
Tilton, NH	Masks & use of sanitizer required
K.I.S.S. 7:00PM-8:15PM	(BT,St,YP,HY,19) Hudson Community Church, 19 Central Street
Hudson, NH	
One Addict Helping Another 7:00PM-8:15PM	(O,RF,VM)
Groton, MA	Zoom ID 520 060 399 Passcode 235005
Step into the Solution 7:00PM-8:15PM	(O,D,St,19) Atkinson Congregational Church, 101 Main Street
Atkinson, NH	
The Straight Ahead Group 7:00PM-8:15PM	(O,WC,19,SD) Vineyard Community Church, 750 Pine Street
Manchester, NH	Masks and Social Distancing Required
Yes, A New Freedom 7:00PM-8:00PM	(O,RF,19) Whole Village Family Resource, 258 Highland Street
Plymouth, NH	Behind left side in white heated tent

FRIDAY

Just For Today 11:00AM-12:00PM Dover, NH	(O,D,JT,19) Triangle Club, 120 Broadway Masks Required & seats 6ft apart
Above the Notch 12:00PM-1:00PM Littleton, NH	(O,RF,19) Faith Bible Church, 365 Union Street
Serenity For Lunch 12:00PM-1:00PM Manchester, NH	(O,RF,WC,VM) Zoom ID 846 5070 6048 passcode 067366
Hope Ahead Group 7:00PM-8:30PM Raymond, NH	(O,WC,VM,SD) Zoom ID 457 112 422
White Mountains NA 7:00PM-8:15PM Lincoln, NH	(VM,SD) Zoom ID 463 861 6000
Regardless of Age 7:30PM-9:00PM Derry, NH	(O,RF,YP,19) Marion Garrish Community Center, 39 West Broadway Masks Required
Friday Unity 8:00PM-9:00PM Nashua, NH	(O,BT,WC,VM,HY,19) Revive Recovery Center, 263 Main Street Meeting ID: 889 3788 7856 Passcode: 03060
Live Clean or Die Group 8:00PM-9:30PM Nashua, NH	(O,VM,SD) Zoom ID 491 824 0459
The Candlelight Meeting 8:00PM-9:30PM Amesbury, MA	(O,19,SD) Main Street Congregational Church, 145 Main Street Masks required
SATURDAY	
Saturday Sanity 8:00AM-9:00AM Manchester, NH	(O,RF,WC,VM) Zoom ID 906 760 345
Just For Today 11:00AM-12:00PM Dover, NH	(O,D,JT,19) Triangle Club, 120 Broadway Masks Required & seats 6ft apart
On Center 11:00AM-12:15PM Derry, NH	(O,VM,SD) Zoom ID 815 5206 3570 Passcode 353568
Portsmouth No Name Group 11:00AM-12:00PM Portsmouth, NH	(O,D,WC,19) Safe Harbor Building, 865 Islington Street Masks required
EMANON 6:00PM-7:15PM Manchester, NH	(O,WC,19,SD) Hope For NH Recovery Building, 293 Wilson Street Meets in side parking lot. Bring chair and social distance
Clean to Grow 6:30PM-8:00PM Rochester, NH	(O,BT,D,St,Tr,WC,19) First Church Congregational, 63 S Main St. Social Distancing, Masks Required
Night Owls 9:00PM-10:30PM Concord, NH	(O,VM,SD) Zoom ID 980 769 325

MEETING FORMAT LEGEND

19	Restrictions due to Covid-19	B	Beginners
BT	Basic Text	C	Closed
CW	Children Welcome	D	Discussion
HY	Hybrid Meeting	JT	Just for Today
LC	Living Clean	M	Men
NS	No Smoking	O	Open
RF	Rotating Format	SD	Speaker/Discussion
St	Step	To	Topic
Tr	Tradition	VM	Virtual Meeting
W	Women	WC	Wheelchair
YP	Young People		

NEIGHBORING NA HELPLINES

Seacoast Area in NH	888-624-3578
Champlain Valley in VT	802-862-4516
Green Mountain Area in VT	802-773-5575
Maine Area & Eastern Maine Area	800-974-0062
New England Region	866-624-3578
NA World Services	818-773-9999
Northern New England Region	833-436-6166

If you want to use, use the Phone!

PHONE NUMBERS

Unless otherwise noted, all meetings are open to non-addicts and are non-smoking meetings. Information is subject to change. Call the helpline or visit the website for the latest updates. Area events & activities are also posted there.

Narcotics Anonymous

The Granite State and Seacoast Area Meeting List



24 HOUR HELPLINE

1-888-NA-HELP-U
(1-888-624-3578)

www.gsana.org

MARCH 2021

Granite State Area of Narcotics Anonymous
P.O. Box 5171, Manchester, NH 03108
Granite State Area Service Meeting 2nd Sunday of every month,
9:30am Currently meeting online only.

Seacoast Area of Narcotics Anonymous
PO Box 512, Greenland, NH 03840
Seacoast Area Service Meeting 2nd Sunday of every month,
6:00pm Currently meeting online only.
Zoom ID 845 3002 9376

Meetings Weekly: 65