

## Based on the 12 Traditions

Open the meeting with a moment of silence to reflect on why everyone is here and what the body hopes to achieve. Introduce yourself, and discuss why you are chairing this inventory. Have someone read the 12 Traditions of NA. Have the persons attending introduce themselves. If they hold a trusted servant position with the group, state that position. Use the following worksheet as a basis for questions. If a topic is covered thoroughly under one area, don't be repetitive, but point out the discoveries made during the original discussion. Keep in order as much as possible, but allow members of the group the freedom to express their needs without getting too personal. Some things may come out that are uncomfortable for everyone. Try to keep the tone as loving as possible - don't allow anything to get out of hand. As Chairperson, you may always end the particular discussion, take a break for a few minutes or change the topic.

Make the following known: "Inventories are designed to bring problem areas to light. These Problem-areas are then analyzed for individual participation and how each member plays a part in the problem. The goal is to find workable solutions to all problems discovered -as a group. To make any changes necessary for the betterment of the group, and further each individual members recovery .All discussion during this inventory is based on individual opinion, and is not to be taken as the opinion of the group, or NA as a whole. Take what is workable and work with it. Leave personality based participation outside the inventory. Keep in mind that finger pointing reflects on the pointer. Don't allow this inventory to stagnate; work together as the service members you are, and find workable solutions to the problems you discovered together. Remember: "As long as the ties that bind us together are stronger than those that will tear us apart, all will be well". Be sure to get **everyone** involved throughout this process.

### 1. "Our common welfare should come first; personal recovery depends on N.A. unity." What is this group's primary purpose?

- Is this group working together for the common welfare of N.A.?
- Do member differences get in the way of the groups primary purpose?

*Have each person share about what N.A. unity means to them.*

- In what ways could "personal recovery" and "unity" be improved on by this group?

### 2. "For our group purpose there is but one ultimate authority -a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern."

- Have this group's decisions been truly an expression of God's will or an extension of powerful personalities?
- As members of this group, are each of you actively involved in the group conscience process or in the stirring up of dissension?

*Have those in attendance think about all the recent member's who have had an influence on the service structure of the group, including current trusted servants.*

- Are any specific people noteworthy? Why? (Good or bad -use caution.)

### 3. "The only requirement for membership is a desire to stop using." Does this group make newcomers feel welcome? How?

- Is everyone equal in obtaining recovery from addiction at this group's meetings?
- Does anyone attending this group get treated differently if they need a paper signed, mention being sent to the group by a specific enterprise, or don't admit their addicts?

### 4. "Each group should be autonomous, except in matters affecting other groups, or N.A. as a whole."

- Does this group allow outside group members to influence their group decisions and conscience?
- Does this group's members try to influence other groups consciences or decisions?

**5. "Each group has but one primary purpose -to carry the message to the addict who still suffers."**

- Is this group working together as a whole to carry the N.A. message?
- Do members focus on carrying the message of recovery into the group business meetings?
- Has any still suffering addict ever been shunned, turned away, or treated differently than a regular member?

**6. "An N.A. group ought never endorse, finance, or lend the N.A. name to any related facility or outside enterprise, lest problems of money, property or prestige divert us from our primary purpose."**

- Do any of this group's members endorse any facilities, centers, outside enterprises, etc. while sharing? If so, how are they treated?
- Is this group separate from any other program that may meet within their location?
- Do newcomers understand that the N.A. group they attend is not related to whatever location they may be meeting in? How is this done?

**7. "Every N.A. group ought to be fully self-supporting, declining outside contributions."**

- Is this group truly self-supporting, declining outside contributions -even if it's as small an item as coffee or refreshment facilities?
- Does every member in this group do their fair share in supporting this group -physically as well as financially?
- Does this group pay a realistic amount of rent to the facility they meet in, or ask for a "break" because they're not-for-profit?
- Does this group help support other N.A. services -Area, Region or World? How?

**8. "Narcotics Anonymous should remain forever nonprofessional, but our service centers may employ special workers." Webster: Professional: one who makes a living by art~, sports, etc. in which amateurs engage; a member of any profession.**

Have members share about what they consider is a "professional".

- Does this group allow professionals special status?
- Do any professionals who attend meetings share their professional opinion, or their personal stories?
- Does this group utilize any professional service as "favors"?

**9. "N.A., as such, ought never be organized, but we may create service boards or committees directly responsible to those they serve."**

- Does this group have a formal chain of command or a unified board of elected trusted servants?
- Are this groups committees directly responsible to the group conscience and the N.A. fellowship as a whole? How?
- Do this group's committees have their own management/guidelines/control?

**10. "Narcotics Anonymous has no opinion on outside issues; hence the N.A. name ought never be drawn into public controversy."**

- Have any members in this group "taken sides" in regards to society's problem while sharing? If so, how were they handled?

- Do any of this group members make personal recommendations to hospitals, institutions, religions, beliefs, practices, etc. that could be taken as the groups recommendations?
- Does this group allow social issues unrelated to N.A. recovery as meeting topics?

**11. "Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films."**

*Have members in attendance consider the various types of media available in the local community.*

- Does this group promote or advertise their N.A. meetings in their local community? How?
- Does this group have a committee to publicize the groups existence, or does an individual handle the publicity? If by committee, how many group members support this committee?
- Does this group appear attractive to newcomers?

*Ask any new members in attendance what they found attractive about the group when they first started coming.*

- Are there any ways that this group could attract more members? How?

**12. "Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities." Webster: Anonymous -without the name of the author.**

- Does what a member shares during a recovery meeting get talked about outside that meeting?
- Does this group allow personalities to come before principles?

*Have each member think about what principles they have seen in practice while attending this group.*

- Do principles play an important part in this groups message?
- How can the members increase the spiritual foundation of this group? .How important is anonymity to each member? Why?

This concludes the question part of the Inventory. Be sure that each person has had apart in the discussion. Go around the room and ask each person what they feel has been discovered during this inventory, how they feel about the discoveries, and what solutions they have. Be sure to thank each person who attended and closed in the usual manner of the group.